

Realities of Housing in **Lethbridge** 2024

Rental Report

Lethbridge

June 2024

You are not Alone

Between 2018 and 2022, the number of individuals experiencing homelessness in Lethbridge has doubled from 223 people to 454 people.

LHA Wait List

344

Community Housing



431

Affordable Housing

680

Rent Supplement

The LHA wait list is long, however it should be part of the first steps when facing evictions and homelessness.

- Community Housing
Based on 30% of household income
- Affordable Housing
Rented at 10-50% below current market rental rates.
- Rent Supplement
Assists households in need to obtain affordable and suitable rental housing accommodations by subsidizing rent in the private sector.

Rent by Numbers

2.3%

Vacancy Rate

\$1,417

Average 1 Bedroom Rental Rate

\$883

Average Roommate Rental Rate

Income Averages

\$1863

AISH

\$824

AB Works

\$2095

Seniors Benefit age 65-74

\$3,087

Avg. monthly cost of living for a renter

Sustainable Housing

Costs less than 30% of total before-tax household income. Those in extreme core housing need pay 50% or more of their income on housing.

\$559

Sustainable cost of rent for someone on AISH

Barriers to Housing

If you answer YES to any of these questions, you will have a harder time finding housing.

- Do you own a pet?
- Do you use illegal substances?
- Do you smoke/vape?
- Will you have problems paying rent and living expenses?
- Have you had problems with guests in your previous rental?
- Have you ever been evicted?

This doesn't mean you won't find housing.

But it will make things harder.

Ask a case manager what things you can work on to help get you housed.

Or you can reach out to:

Addiction and Mental Health Access
1 888 594 0211

211
Call or text INFO

Case Management

Setting you up for success

A Housing Case Manager is here to help you.

They will work WITH you to reach your goals of housing.

You need to be an active participant.

There are no guarantees of housing.

Who Can Help Me?

Find a Coordinated Access Entry point, and fill in a CART application.

Your application will be presented at the weekly meeting of agencies.

If accepted, you will be assigned to a Housing Program.

The person who sent in your referral to CART, will be updated. Stay in contact with them.

If assigned a case manager, they will explain the next steps.

Assistance With Self Help

Call or text 211

211 is a helpline and online database of Alberta's community and social services. 211 is answered and updated by highly-trained specialists.

Mental Health Helpline

1-877-303-2642 (Toll free)
Alberta Health Services Mental Health Help Line is a 24 hour, 7 day a week, 365 days a year, confidential service that provides support, information and referrals to Albertans experiencing mental health concerns.

Addictions Helpline

1-866-332-2322
The Addiction and Mental Health Help Line is a 24 hour, 7 day a week confidential service that provides support, information and referrals to Albertans experiencing addiction and mental health concerns, including problem gambling.

CART Access Points

BTDH Wellness Shelter

Community Links/Public Library
403.328.5465
communitylinks@cmhalethbridge.ca

Senior Systems Navigators

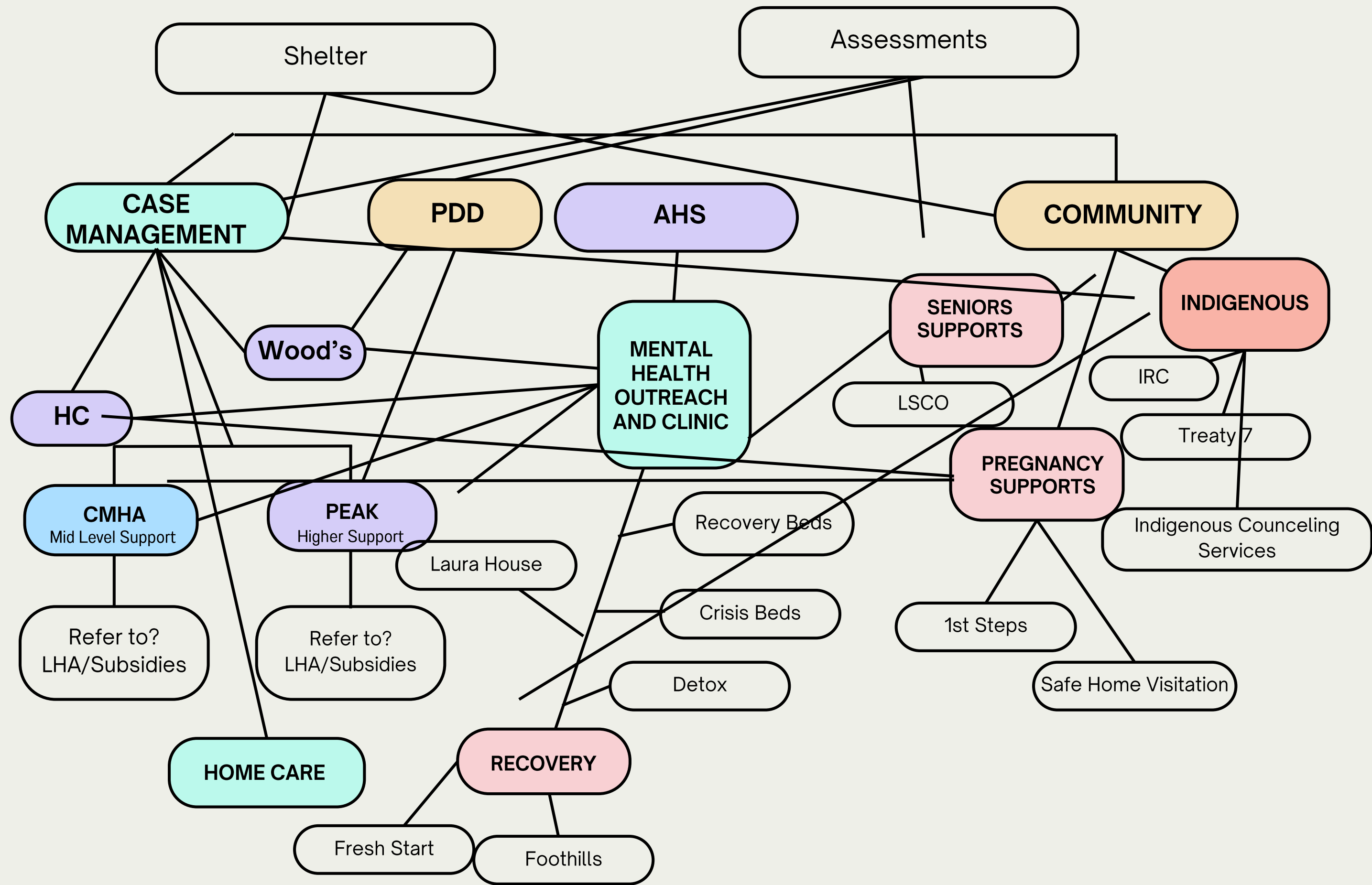
Various Service Agencies

AHS- Social Workers, Addictions and Mental Health Workers

Lethbridge Housing Authority

**Pre- March 31,
2023**

Decentralized - Centralized Intake



Lists not fixes Unmanned System

- **Lack of communication**
- **Discrepancies in service**
- **Delays of service**
- **Lack of accountability in participants**
- **Triangulation**
- **Agency and staff burnout**
- **Rising numbers of homeless**
- **Rising numbers of evictions**
- **Loss of landlord participation**



CART

Coordinated Access Round Table

DIVERSION

Diversion/Eviction Prevention - if an eviction can be saved by diversion funding- an application is made to Lethbridge Housing Authority.

CART Process

Setting housing goals

Working towards keeping episodes of homelessness brief and most importantly, non-recurring.



Progress Over Perfection

Why a CART referral?

- Reviewed by all CART members
- Discussion is interagency
- Additional sources of outbound referrals
- Weekly meetings
- Defined roles and definitions of service
- Increased cooperation and accountability
- Decrease in duplication of services
- Better cohesion and understanding of system (and it's gaps)

What is CART Housing Case Management?

Housing Case Managers help people who have been experiencing **homelessness** or are at **risk of eviction** find and keep stable housing.

Case Managers provide support and guidance to help individuals and families overcome obstacles that may be preventing them from **securing** and **maintaining** a home.

We are a **recovery focused** program and work closely with multiple outside agencies, like Recovery Alberta (formerly AHS Addiction and Mental Health) to provide the best supports for long term housing success.

Important Note

CART does **not** have a hidden supply of housing units or funding.

Our goal is to assist and support in navigating the housing system and overcoming barriers to **stable** housing. We are here to help referrals stabilize and stay housed.

The availability of housing will depend on various external factors and suitability.



**CART 2.0 Online Application
Form**

Based on 5

Domains

Meeting 2.0 CART Intake 19 11 2024

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	A	B	C	D	E	F	G	H	I	J	K	L	M	N	
	Age	Meeting Date	First Name	Last Name	Score Total /122	Information Score /9	Safety Score /20	Housing History Score /30	Health Score /19	Mental Health and Addiction Score /29	Potential Housing Score /15	I am housed and looking for help staying that way.	Any other nicknames or names you like to go by?	If you aren't fluent in English, what language do you prefer?	W sup
1	20	September 25, 2024			4.5	0	1	0.5	0	1	2	No			
2															
3	17	September 25, 2024			36	0	12	7	0	15	2	Currently in a foster care placement, turning 18 in November	Zay		Devon Traber
4	52	September 25, 2024			7.5	1	0	3.5	2	1	0	Yes			

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